

Quarter 1 2019

Volume 2, Number 1

In This Issue

- The Link Between Disease and Mineral Excess or Deficiency
- Introducing ProTren Intelligent Probiotics
- Ask Dr. Tefft
- About Dr. Tefft

STOP THE GUESSWORK

Look great, feel great,
and lose weight by
knowing precisely
what your body needs



The Link Between Disease and Mineral Excess or Deficiency

Four Minerals: Copper, Magnesium, Calcium and Potassium

The relationship between diet and disease has been studied and known for thousands of years with Hippocrates treating foods as medicine. Slightly more recently, the US Department of Agriculture (1) published a comprehensive study in 1971 relating 124 diseases to improper or inadequate diet.

In this article, we present a synopsis of the link between diseases and symptoms associated with mineral imbalance patterns and ratios involving 4 common minerals; Copper, Magnesium, Calcium and Potassium.

Symptoms and diseases involving excess and deficient levels of Copper, Magnesium, Calcium and Potassium include: allergies, anemia, arteriosclerosis, atherosclerosis, cardiovascular irregularities (bradycardia, tachycardia, ECG, etc.), chronic fatigue, colitis, dry skin, excessive bruising, gallbladder obstruction, depression, dermatosis (skin itchiness-rashes), diverticulosis, headaches, adrenal insufficiency, slow thyroid, joint stiffness, liver dysfunction, bleeding gums, calcinosis, calculus, osteoporosis, osteopenia, and renal hypertension... ([Click here to continue reading](#))

www.biocorrectnutrition.com/link-between-disease-mineral-excess-deficiency/

Links For More Information

biocorrectnutrition.com

BCN Home Page

biocorrectnutrition.com/wellness-resources/

Wellness Articles by Dr. Greg Tefft

biocorrectnutrition.com/contact/

Contact Us

facebook.com/biocorrectnutrition/

Facebook

<https://twitter.com/BioCorrectNutriTwitter>

Introducing ProTren Intelligent Probiotics

Metabolism begins with digestion of foods and nutrients. For some people, eating may lead to indigestion, gas, belly aches and constipation.

BioCorrect Nutrition has partnered with the leading professional-grade probiotic company ProTren. For quality, viability, technology and scientific rigor, they are the best we've found.

You can be sure that ProTren Probiotics will work for you because they will refund your initial purchase if they don't work for you.



ProTren's probiotics are available as acid resistant, single-strain probiotic bacteria, and the amazing Tenev Trio. Trenev Trio contains three complementary probiotic strains with different digestion functions and colonize in different parts of the digestive tract. They are delivered in a proprietary oil-matrix to maintain 100% viability

through the stomach and keep them separate from each other as probiotic strains don't play nice with each other. ([Shop now](#))

Upcoming Events

New ebook at Amazon.com

"How To Fix The Broken Healthcare System" by Dr. Gregory Tefft and Lindy Tefft, MS

Coming Soon: Paperback

Ask Dr. Tefft



QUESTION:

Over the past couple years, when I eat certain foods I get congestion, rashes, headaches, joint pain, fatigue and seem to forget things. I got tested for food allergies and nothing shows up.

Can your BioCorrect Nutrition system help me reduce these effects?

Answer: I can speak from personal experience that allergies can be missed by traditional skin prick allergy testing but detected by other testing methods. Food sensitivities, on the other hand, are not antibody mediated but driven by elevated or deficient minerals, a lack of enzymes, weak stomach acid, poor intestinal flora, and/or a "leaky gut."

By testing cellular mineral levels in your hair, your mineral imbalance patterns give us insights to what might be causing these issues. For instance, imbalances of copper and zinc are related to histamines, allergies and food sensitivities.

Elevated cobalt often suggests that one's stomach acid is too weak to convert it to Vitamin B12. Depending on what's found, your BioCorrect Nutrition supplements will start the rebalancing process 20-30 times faster than food. Probiotic bacteria such as from ProTren can help restore more normal intestinal flora and help a leaky gut.

About Dr. Greg Tefft; Co-founder and CSO



Dr. Tefft is America's Leader in Personalized Nutrition through his books, Radio and TV shows, lectures, and personal training. He was staff doctor at Malibu Health & Wellness and Monastersky Medical Group, and founder of Best Body Pros, Personalized Nutrition Consultants and co-founder of BioCorrect Nutrition.

He is a 3-time Natural Mr. America, board-certified naturopathic physician, master trainer, retired chiropractor and former member of the Olympic Team sports medical staff.

His third book, "How to Fix A Broken Healthcare System" is now available on Amazon.

1. Weir, Edith C PhD et al. Evaluation of Research in the United States on Human Nutrition report #2 (Benefits from Nutrition Research) prepared by a joint task group of the U.S. Department of Agriculture, and State Universities and Land Grant Colleges, Issued August 1971.

These statements have not been directly evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease as a substitution for standard medical care.

Contact Us

www.biocorrectnutrition.com

feelgreat@ biocorrectnutrition.com

Phone: 949-315-8338